

LOVE LANGUAGE TEST:

Within each group, rate the sentence 1-5 according to what would make you reel most appreciated and loved by your spouse, your parents, or your teen. The number 5 represents what you most appreciate; number 1 represents what you least appreciate. No individual grouping can have a number repeated. Some of the questions distinguish between male and female. Answer those appropriately, according to your gender. Note: when you see "STP" in the survey, it stands for "Spouse, Teenager and/or Parent".

Group One

- A _____ Your Spouse/Teenager/Parent (STP) says: "You really did a great job on that. I appreciate it."
- B _____ Your STP says unexpectedly does something in or around the house or your room that you appreciate.
- C _____ Your STP brings you home a surprise treat from the store.
- D _____ Your STP invites you to go on a leisurely walk just to chat.
- E _____ Your STP makes a point to embrace and kiss you before leaving the house.

Group Two

- A _____ Your STP tells you how much he or she appreciates you.
- B _____ Your STP (male) volunteers to do the dishes and encourages you to relax. Your STP (female) volunteers to wash your car and encourages you to relax.
- C _____ Your STP (male) brings you flowers just because he cares. Your STP (female) brings you home a special food treat from the local bakery.
- D _____ Your STP invites you to sit down and talk about your day.
- E _____ Your STP gives you a hug even when he or she is just passing by room to room.

Group Three

- A _____ Your STP during a party shares about a recent success you had.
- B _____ Your STP cleans out your car.
- C _____ Your STP surprises you with an unexpected gift.
- D _____ Your STP surprises you with a special afternoon trip.
- E _____ Your spouse holds your hand as you walk through the mall or your STP stands by your side with an arm around your shoulder at a public event.

Group Four

- A _____ Your STP praises you about one of your special qualities.
- B _____ Your STP brings you breakfast in bed.
- C _____ Your STP surprises you with a membership to something you always wanted.

- D _____ Your STP plans a special night out for the two of you.
- E _____ Your STP will personally drive you to an event instead of you having to go on the old crowded bus with the team.

Group Five

- A _____ Your STP tells you how much his or her friends appreciate you.
- B _____ Your STP takes the time to fill out the long complicated applications that you had hoped to get to this evening.
- C _____ Your STP sends you something special through the mail.
- D _____ Your STP kidnaps you for lunch and takes you to your favorite restaurant.
- E _____ Your STP gives you a massage.

Score Sheet – transfer your scores above into the blanks below

	Encouraging Words	Acts of Service	Gift-Giving	Quality Time	Physical Touch
Group 1 A	_____	B _____	C _____	D _____	E _____
Group 2 A	_____	B _____	C _____	D _____	E _____
Group 3 A	_____	B _____	C _____	D _____	E _____
Group 4 A	_____	B _____	C _____	D _____	E _____
Group 5 A	_____	B _____	C _____	D _____	E _____

Compare your score with your team or family members. Rank your love languages below according to your scores.

- 1.
- 2.
- 3.
- 4.
- 5.

Start to speak each other's primary love language. Discuss specific examples of ways to demonstrate each person's preferred love languages. Commit to doing some of those things today and every day/week!